## 2015 NOTICES OF MOTION

## GENERAL BYLAW \& POLICY NOTICES

ASAA
Executive

Notice 1: Policy - Section IV - Eligibility, D. Transfer Policy, NB, page 45
Current:

NB: An athletic eligibility transfer form shall not be required if the student has not participated in an ASAA activity for the sending school nor for students first registering in an Alberta school; however, an athletic eligibility transfer form is required for all other transfers. Athletic eligibility transfer forms are now to be submitted online at www.asaa.ca/app/

## Proposed:

## NB:

Transfer Form is not required if the transferring student has not participated in a sport that is offered by the ASAA at the sending school
Transfer Form required: if the transferring student has participated in a sport offered by the ASAA at the sending school, an athletic eligibility transfer form must be completed regardless of whether the student is transferring within province or from out of province. Athletic eligibility transfer forms must be submitted online at www.asaa.ca/app/

Rationale:
Greater clarity is needed in this policy as the ASAA has been questioned by a school and a lawyer about the definition of the term "ASAA activity". i.e. a student played basketball in Saskatchewan, but did not play Basketball in Alberta therefore the school and lawyer felt has not effectively played in an "ASAA activity" and the transfer policy should not apply. The intent of the policy is that if the student has participated in a sport that is offered by the ASAA (no matter where they transfer in from), a transfer form is required.

ASAA Notice 2: Policy - Section IV - Eligibility, D. Transfer Policy, Establishing Eligibility, page 45-47
Executive/ Current:
Compliance
Officer
Establishing Eligibility
In order to establish eligibility for participation in athletics, students who transfer their school registration must meet one of the following three conditions:

1. Change of Residence
a) Parent to parent move...
b) Family move...
2. Directed by Legal Authority...
3. In the event that a student cannot satisfy the requirements for athletic eligibility as set out in paragraphs 1(a), 1(b), 2(a) or 2(b), then the ASAA may in its absolute discretion determine a student to be eligible upon proper completion of a transfer form online that shall contain: ...

## Proposed:

## Establishing Eligibility

In order to establish eligibility for participation in athletics, students who transfer their school registration must meet one of the following two conditions:

1. Change of Residence
a) Parent to parent move...
b) Family move...
2. Directed by Legal Authority...

In the event that a student cannot satisfy the requirements for athletic eligibility as set out in paragraphs 1(a), 1(b), 2(a) or 2(b), and the student applies for athletic eligibility citing 'other' reasons, then:
a) The ASAA may determine the transfer was athletically motivated and the student will not receive ASAA athletic eligibility.
or
b) The ASAA may determine the transfer was not athletically motivated and the student will not be eligible for any ASAA sanctioned sport that the student participated in during the previous school year at the sending school. The student will be eligible for any ASAA sanctioned sport that the student did not participate in during the previous school year at the sending school.
or
c) In extenuating circumstances, the ASAA, in its absolute discretion, may determine a student to be eligible for all ASAA sanctioned sports. Examples of extenuating circumstances may include, but be not limited to:
i. Substantiated and documented bullying
ii. Substantiated and documented abusive home life and student moves in with friends or relatives

Notes to the Transfer Policy (Athletic Eligibility following transfer from one school to another): ... (notes on pages 48-49)

Proper completion of an online ASAA athletic eligibility form shall contain: ...(items from pages 47-48)
(the above Notes section and proper completion section will be flipped in policy now, so that the Notes section comes first and the transfer form section will be last)

## Rationale:

From the recent ASAA Transfer Policy Questionnaire, approximately $92 \%$ of respondents believed the transfer policy was a necessity. When asked about the weaknesses/pitfalls of the present policy, "too many loopholes" or "the policy does not have enough teeth" were a reoccurring comments from the survey respondents. From the same survey, $65 \%$ of respondents would support this type of change to the policy. From the perspective of the compliance officer, athletic eligibility applications made under the "other" category, allow too much leeway and a more restrictive policy is required. The proposed change creates more restrictions, closing many loopholes, but allows extenuating circumstances to be dealt with appropriately.

Notice 3: Policy - Section V - Activities, C. Seasons of Play, add as point 5 and move others down, page 56
Executive Proposed:

| SPORT | LIMIT OF COMPETITION before playoffs BEGIN | Maximum Number of Tournaments before Playoffs BEGIN | MAXIMUM LENGTH OF COMPETITION BEFORE PROVINCIAL PLAYOFFS BEGIN (IN DAYS) |
| :---: | :---: | :---: | :---: |
| Badminton | 20 days | n/a | 2 days |
| Basketball | 30 games <br> (Note: maximum of 2 games per day) | 5 for urban schools 7 for rural schools $\infty$ | Two 3 day tournaments permitted. (Thur-Sat) Remainder must be two day tournaments (Fri-Sat) |
| Cheerleading | 10 |  | 2 days |
| Cross Country | 10 days | n/a | n/a |
| Curling | 10 days | 3 | 2 days |
| Football | 10 games* | 2 | 2 days |
| Golf | n/a | n/a | 2 days |
| Rugby | 12 days | 3** | 2 days |
| Team Handball | 16 days | 5 | 2 days |
| Track \& Field | 10 days | n/a | 2 days |


| Volleyball | 22 days | 5 for urban schools <br> 7 for rural schools $\infty$ | Two 3 day tournaments <br> permitted (Thurs- <br> Sat)Remainder must be two <br> day tournaments (Fri-Sat) |
| :--- | :--- | :--- | :--- |
| Wrestling | 12 days | All events are <br> tournaments <br> (limited to 12 days <br> participation) | 2 days |

$\infty$ Because many rural schools are not able to play in leagues for geographical reasons, they are given two more tournament opportunities than urban schools. Schools in Edmonton and Calgary zones are considered 'urban'; all others schools are considered 'rural'

* Jamborees and/or Scrimmages are not included in the total \#games played.
** must comply with IRB maximum minutes in 24 hour period.
Rationale:
Athletics in an educational setting at the school level has a number of philosophies including: education first, equitable opportunity, fair play, safety of students and more. This policy proposal is intended to support student safety and to promote athlete development without compromising time spent in the classroom. The following headings provide rationale for this policy:
Maximum games: ASAA already allows a maximum number of 36 games in basketball to be played before playoffs begin. From an LTAD point of view 36 games presents too high a game to practice ratio and needs to be reduced. At the same time, as there are no limits in any other sports, it is only reasonable to expect that the same philosophical position taken on basketball should apply to some other sports. Playing more and more games increases the risk of injury to athletes, and they would be better served having more and effective practices to improve their skill level than adding more competition. In volleyball, given that the number of games played per day is higher than basketball, "day of competition limits" instead game limits have been proposed.
Maximum tournaments: the growth in the number of tournaments being played, especially in basketball and volleyball has become a concern in relation to both increased games played and resultant increased time away from educational instruction; school principals and superintendents have brought these concerns to the ASAA. While it is understood that some "decades long" three day tournaments exist, and for historical and "school culture" reasons, should be continued, some limits need to be put in place to protect the academic integrity of educational programs in schools, to help reduce the potential of injury to students and to keep costs down for families. As such, limits on three-day tournaments, as well as reasonable limits on two day tournaments have been put in place. Rural schools have been given an extra two tournaments, because unlike urban areas, many rural schools do not play in leagues and need tournaments to round out reasonable competitive opportunities for students.

ASAA
Notice 4: Policy - Section V - Activities, C. Seasons of Play, add as point 6 (under point 5 above), page 56
Executive Proposed:

| SPORT | RECOMMENDED <br> MINIMUM NUMBER OF <br> PRACTICES BEFORE 1ST <br> COMPETITION |
| :--- | :--- |
| Badminton | 4 |
| Basketball | 4 |
| Cheerleading | 4 |
| Cross Country | 4 |
| Curling | 10 (can be two/day) |
| Football | 4 |
| Golf |  |


| Rugby | 10 |
| :--- | :--- |
| Team Handball | 6 |
| Track \& Field | 4 |
| Volleyball | 4 |
| Wrestling | 10 |

## Rationale:

It is important for students to receive an appropriate amount of practice before their first competition in a sport. In particular, sports that have an inherent level of risk require a minimum number of practices in order for appropriate safety considerations to be taken into account before the student is involved in their first interschool competition. While the goal is not to mandate or police the number of practices, it is hoped that common sense would prevail in ensuring that students are both prepared and safe for their involvement in all school sport activities.

## ASAA

Executive
Notice 5: Policy - Section V - Activities, J. Provincial Competition, 4., page 63
Proposed:

## Addition of new item f)

f) All food and beverages sold and provided at ASAA provincial championship events held in ASAA member school facilities must fit within the Choose Most Often and Choose Sometimes categories of the Alberta Nutritional Guidelines for Children and Youth, details of which can be found in the appendix and on the ASAA website.

## Rationale:

ASAA, which promotes healthy activities and lifestyles through participation in school sport, should only be offering healthy food offerings at its events to send a consistent message. The decision to promote CMO and CS choices from the Alberta Nutrition Guidelines for Children and Youth is based on what many school boards across Alberta have adopted. The ASAA Board of Governors has previously noted support for this policy initiative.

Links to supports and resources will be provided in the ASAA Policy Handbook Appendix, Host Handbook, and through partnership with Ever Active Schools (host can have key contact person).

Spirit
River Regional Academy

Notice 6: Policy - Section IV - Eligibility, A. Grade 9 Students, 4., page 40
Current:

## Grade 9 Students

1. In 1A classified onsite schools, grade 9 students attending those member schools, may be registered for team participation in basketball, volleyball, curling, cheerleading, team handball, and golf. Grade 9 students are not eligible for athletic participation in individual sports or on the senior varsity teams of 2A, 3A or 4A classified schools.
Exception would be for athletes from 1A school that opt up to 2 A or are teams that are 99 or less in a joint school team.
2. Onsite grade 9 students in member schools, playing on junior varsity teams of 2A-4A schools are permitted to play in any games (league or tournament) against ASAA member school senior varsity teams.
3. In football only, onsite grade 9 students in member schools are eligible to participate on teams at the tier IV classification and on all 6-man teams.
4. In cheerleading and curling only, onsite grade 9 students who are registered as students of an ASAA member school, regardless of classification, are eligible to participate on the competitive school team with the consent of the principal and athletic director.
5. In rugby only, onsite grade 9 students in member schools are eligible to participate on 1A and 2A school teams.

## Proposed:

## Grade 9 Students

1. In 1A and 2A classified onsite schools, grade 9 students attending those member schools, may be registered for team participation in basketball, volleyball, curling, cheerleading, team handball, golf and rugby. Grade 9 students are not eligible for athletic participation in individual sports or on the senior varsity teams of 2A, 3A or 4A classified schools.
2. Onsite grade 9 students in member schools, playing on junior varsity teams of $\mathbf{Z A} \mathbf{- 3 A}-4 \mathrm{~A}$ schools are permitted to play in any games (league or tournament) against ASAA member school senior varsity teams.
3. In football only, onsite grade 9 students in member schools are eligible to participate on teams at the tier IV classification and on all 6-man teams.
4. In cheerleading and curling only, onsite grade 9 students who are registered as students of an ASAA member school, regardless of classification, are eligible to participate on the competitive school team with the consent of the principal and athletic director.
5. In rugby-only, onsite_grade-9-students in member schools are-eligible to-participate-on 1 A and 2 A school teams.

## Rationale:

There are times where schools at the 2A level have difficulty fielding a team in a number of different sports. Grade 9 students are already permitted to participate in football in Tier IV, where the population of the school can go up to 450 (which is in the 3 A level). Grade 9 students are already permitted to participate in rugby at the 2 A level, so grade 9 's should be permitted to participate in the sports at the 1A and 2A levels, for continuity across the ASAA.

From the perspective of athlete maturity, a grade 9 athlete who is currently permitted to participate in ASAA events is no more mature than any other grade 9 athlete. We are already permitting them to play in contact sports such as football and rugby, so they should be permitted to participate in other team sports as well. The ASAA supports the tenets of Long Term Athletic Development (LTAD), as is referenced in the Fundamentals of Coaching course. By not allowing all grade 9's to participate in all teams sports could be viewed as contradictory.

From the national perspective, a survey was recently completed that looks at each province. The survey is attached. (Information is missing from Quebec.) Of all the other provinces, Alberta is the only province that does not allow all grade 9's to participate.

Executive Committee

Notice 7: Policy - Section IV - Eligibility, addition of B. Student-Athlete Gender, page 41
Proposed:

## Addition of new item B. Student-Athlete Sexual Orientation and Gender Identity Policy

B. Student-Athlete Sexual Orientation and Gender Identity Policy

ASAA prohibits discrimination on the basis of sexual orientation, gender identity, gender expression, which includes any individuals who identify as or are perceived as lesbian, gay, bisexual, transgender, transsexual, two-spirit, queer or questioning. In order to comply with human rights obligations and uphold the principles of equity and inclusion, ASAA maintains the following policy to facilitate and encourage the participation of all students, staff, coaches, managers, trainers and any other persons associated with high school sport to ensure all members of our diverse communities are welcomed, respected, accepted and supported in all aspects of their athletic endeavours. This policy covers participation at ASAA Zone and Provincial competitions and other activities.

The ASAA recognizes the implementation of this policy will require the collaboration of all parties involved. ASAA will provide the necessary supports to accommodate all community members and will help to raise awareness about sexual orientation and gender identity-related issues. These guiding supports and principles include but are not limited to the Canadian Charter of Rights and Freedoms, Alberta Human Rights Act and Alberta School Act.

The Association believes that all students, regardless of sexual orientation, gender identity and gender expression, should have the opportunity to participate in interscholastic athletic activities in a safe, respectful, inclusive and non-judgmental environment.

1. Any student, staff, coach, manager, trainer or other persons who identify as or are perceived as lesbian, gay, bisexual, transgender, transsexual, two-spirit, queer or questioning may participate fully and safely in sexseparated sport activities in accordance with their lived gender identity.

Rationale:
ASAA feels it is important to establish policy which clearly states its unequivocal support for inclusive athletic participation
and human rights in all aspects of sport. During the 2015-16 school year, ASAA will be undergoing a significant review of policy to ensure the language in all policy is clear and inclusive. Part of that review will include expanded policy development to fully address the issue of student-athlete gender identity inclusion in all aspects of sport. The current proposal is the first step legally required to ensure access to ASAA activities for all students regardless of sexual orientation, gender identity or gender expression. This policy has been drafted in consultation with the Institute for Sexual Minority Studies and Services, University of Alberta.

Executive Committee

Notice 8: Policy - Section V - Activities, J. Provincial Competition, 3. Provincial Representation, page 63
Proposed:

## Addition of a) and move others points down

a) All individuals and teams advancing to provincials must participate in competition leading to provincial championships. le. District and/or zone qualifying events.

## Rationale:

Currently, the ASAA policy handbook does not have a blanket statement to confirm the intent that to compete in provincials, an athlete or team must compete in the appropriate/respective qualifier. This policy clarifies both intent and current practice.

## BASKETBALL NOTICES

ASAA
Notice 9: Policy - Section X - Basketball, D. Number of Games Permitted, page 79
Current:

## D. Number of Games Permitted

A team shall be limited to 36 games (including games against ASAA sanctioned teams and the one exhibition and one fundraiser game allowed)...

## Proposed:

## D. Number of Games Permitted

A team shall be limited to $\mathbf{3 0}$ games (including games against ASAA sanctioned teams and the one exhibition and one fundraiser game allowed)...

Rationale:
See notice \#3 for rationale; this section is just being updated to reflect that section.

## CHEERLEADING NOTICES

Notice 10: Policy - Section V - Activities - C. Seasons of Play, 4., page 55

## Current:

Notes after seasons of play
Cheerleading
Commissioner
*School cheerleading teams may function but not compete outside the season of play. The word 'function' equates to a supportive school spirit role and is not intended to include training.

Proposed:

## Addition of information to section

*School cheerleading teams may function but not compete outside the season of play. The word 'function' equates to a supportive school spirit role and is not intended to include training. Training during this time should be limited to stunts no higher than chest level, no liberty stunts (flyers must have both feet in the hands of their bases), no basket or sponge tosses, no release stunts, tumbling only up to cartwheels, half-time and touch-down dances, motion technique and cheers.

## Rationale:

To clarify what training can be included during this time.

Notice 11: Policy - Section V - Activities - J. Provincial Competition, 2. Competition Dates, page 62
Current:
Cheerleading
Commissioner
Competition Dates
...
Cheerleading to be held on the third weekend in March

## Proposed:

## Competition Dates

Cheerleading to be held the second weekend in April

## Rationale:

This will bring cheerleading Provincials as the culminating event of the season and this will also allow for athletes/teams who are currently unable to attend provincials (due to conflicts with basketball) to participate.

Notice 12: Policy - Section XI - Cheerleading - B. Eligibility, 1., page 91
Current:
Cheerleading
Commissioner

1. There are three categories for competitive purposes (alternates are not included in these totals)
a) Small Squad - one male - 4-15 members
b) Large Squad - one male - 16-24 members
c) Co-Ed Squad - two or more males - 4-24 members

Proposed:

1. There are three categories for competitive purposes (alternates are not included in these totals)
a) High School Division I - one male - 4-24 members
b) High School Division II - one male - 4-24 members
c) Co-Ed Squad - two or more males - 4-24 members

## Rationale:

Modifying the categories for competitive cheer from size-based divisions to skill-based divisions. This will level the playing field among newer or inexperienced teams, relieve the pressure on coaches to push for bigger stunts and allow for more focus on safety.

Current rubrics are based on ratios (twenty-four athletes on a team will score poorly if they have only three stunts in the air, versus a team of twenty-four athletes with six stunts in the air.) Under the new scoring system a team of four athletes could conceivably win, over a team of twenty-four athletes.

The revamped coaching system will also work better with level-based divisions. A Level 2 Coach was at a disadvantage against a Level 3 Coach in high school. In a skill-based division, a Level 2 Coach can coach at their skill level, against other Level 2 Coaches.

The Co-Ed Division and High School Division II will continue to follow the current rules (ACA School Rule Book, High School and Junior High Division III*). The High School Division I will follow the rules currently used for Junior High Division II (ACA School Rule Book, Junior High Division II**).
*http://n1media1.files1.jamspiritsites.com/68721/29789898953e92dd537e5f.pdf pages 28-35
**http://n1media1.files1.jamspiritsites.com/68721/29789898953e92dd537e5f.pdf pages 21-27

## FOOTBALL NOTICES

Notice 13: Section XIV - Football, E. Events, 4., page 102
Football

## Current:

Commissioner
4. The football provincial championship will have a banquet as per ASAA policy.

## Proposed:

4. The football provincialchampionship will have a banquet as per ASAA policy.

Rationale:
Costs and days away from school are negatively impacted by the existence of the banquet model for the Alberta Bowl. Teams have consistently indicated through surveys and conversation that the benefits of a banquet are modest in contrast to the costs incurred as a result of a breakfast banquet being held on the Friday morning, particularly for teams not playing until Saturday.

Notice 14: Section XIV - Football, E. Events, 3., page 101-102
Current:
Football
Commissioner 3. The Tier I championship will always be the feature game and be the last game played on Saturday. The remaining three games will rotate on an annual basis as described below:

|  | 2015 | 2016 |
| :--- | :--- | :--- |
| Friday at 4 pm | 6 man | Tier II |
| Friday at 7 pm | Tier IV | 6 man |
| Saturday at 11 am | Tier III | Tier IV |
| Saturday at $2: 30 \mathrm{pm}$ | Tier II | Tier III |
| Saturday at 6 pm | Tier I | Tier I |

## Proposed:

3. The Tier I championship will always be the feature game and be the last game played on Saturday. The 6 man game will always be the first game played on Friday. The remaining three games will rotate on an annual basis as described below:

|  | 2015 | 2016 |
| :--- | :--- | :--- |
| Friday at 4 pm | 6 man | 6 man |
| Friday at 7 pm | Tier IV | Tier II |
| Saturday at 11 am | Tier III | Tier III |
| Saturday at $2: 30 \mathrm{pm}$ | Tier II | Tier IV |
| Saturday at 6 pm | Tier I | Tier I |

## Rationale:

Consistency and allowing for the field dimensions for 6 man to be done on Friday and not have to deal with it on Saturday would save some time for hosts and teams. 6 man football is still earning its spot at provincials and also just starting to gain momentum and because of this the fan base isn't as big as the other tiers currently. By keeping the 6 man game as the first game to kick of the Alberta Bowl, it provides a consistent time slot for all media and teams to know when they are being showcased.

Notice 15: Section XIV - Football, E. Events, 2., page 101
Current:
Football
Commissioner 2. Hosting of the provincial championship will be set on a rotating basis through the establishment of three regional hosting zones, to be revisited once more zones have appropriate field turf stadiums (that have appropriate locker rooms, spotters booths, media booth and spectator capacity).
Rotation:

| 2014 - Lethbridge | 2017 - Lethbridge |
| :--- | :--- |
| 2015 - Edmonton | 2018 - Edmonton |
| 2016 - Calgary | 2019 - Calgary |

## Proposed:

2. Hosting of the provincial championship will be set on a rotating basis through the establishment of four regional hosting zones, to be revisited once more zones have appropriate field turf stadiums (only if they have appropriate locker rooms, spotters booths, media booth and spectator capacity).
Rotation:

| 2014 - Lethbridge | 2018 - Lethbridge |
| :--- | :--- |
| 2015 - Edmonton | 2019 - Edmonton |
| 2016 - Calgary | 2020 - Calgary |
| 2017 - Lacombe | 2021 - Lacombe |

Rationale:
Lacombe now has the proper facilities to host the Alberta Bowl, including all of the items listed above in policy and would like to be included in the hosting rotation.

Notice 16: Section XIV - Football, E. Events, 2., page 101
Fort
Current:
McMurray

Schools: Fr P
Mercredi, Holy
Trinity
Catholic,
Westwood, Ft McMurray Comp
2. Hosting of the provincial championship will be set on a rotating basis through the establishment of three regional hosting zones, to be revisited once more zones have appropriate field turf stadiums (that have appropriate locker rooms, spotters booths, media booth and spectator capacity).
Rotation:

$$
\begin{array}{ll}
2014 \text { - Lethbridge } & 2017 \text { - Lethbridge } \\
2015 \text { - Edmonton } & 2018 \text { - Edmonton } \\
2016 \text { - Calgary } & 2019 \text { - Calgary }
\end{array}
$$

## Proposed:

2. Hosting of the provincial championship will be set on a rotating basis through the establishment of five regional hosting zones, to be revisited once more zones have appropriate field turf stadiums (that have appropriate locker rooms, spotters booths, media booth and spectator capacity).
Rotation:

| 2014 - Lethbridge | 2019 - Lethbridge |
| :--- | :--- |
| 2015 - Edmonton | 2020 - Edmonton |
| 2016 - Calgary | 2021 - Calgary |
| 2017 - Lacombe | 2022 - Lacombe |
| 2018 - Fort McMurray | 2023 - Fort McMurray |

## Rationale:

Fort McMurray now has the proper facilities to host the Alberta Bowl, including all of the items listed above in policy and would like to be included in the hosting rotation. Rotation will be set based on Geographic rotation (North/South). Fort McMurray schools have included comprehensive package of how costs will be contained and kept reasonable.

## RUGBY NOTICES

Notice 17: Policy - Section XVI - Rugby -A. Rules, 4., page 111
South Zone
Current:
4. If a match goes to uncontested scrums and a team is deemed to have been at fault by the Grievance Committee, that team shall forfeit the match.

Proposed:

## 4. If a match goes to uncontested scrums and a team is deemed to have been at fault by the Grievance-Committee, that team shall forfeit the match.

## Rationale:

This rule is redundant. Why would the Grievance Committee have to rule on a match that was not cancelled due to the front row not being able to continue for one team or the other? IRB U-19 clearly states that a match can continue with uncontested scrums. In what situation would a Grievance Committee have to rule a forfeit?

Notice 18: Policy - Section V - Activities - J. Provincial Competition, 2., Competition Dates, page 62 \& Section XVI - Rugby, B. Season of Play, page 111

Lindsay Thurber/
Central
Zone

Current:

## Competition Dates

Rugby to be held on the first weekend of June*
*only to occur in years when the Rugby provincials fall during diploma exam blackout dates (to include the day prior to the start of the diploma exam schedule)

AND

## B. Season of Play

The season of play for rugby shall be February 15 to the provincial championships on the first/second weekend in June...

## Proposed:

## Competition Dates

Rugby to be held on the first Monday/Tuesday of June

## AND

## B. Season of Play

The season of play for rugby shall be February 15 to the provincial championships on the first Monday/Tuesday in June...

## Rationale:

There are many students who are playing both rugby and track and field. Some of these are often the strongest players on both teams. It does not seem right that they compete on both teams and have to make the decision which way to go for the Provincials Championships. We would like to see Track and Field Provincials stay on the first weekend in June (where they have always been) and move the Rugby Provincials to the following Monday and Tuesday. Some years, depending on the exam schedule, they may have to go the Monday and Tuesday before Track and Field Provincials. We do understand that it is a tough time of year academically, but hopefully we can find a solution that works for all student athletes.

Notice 19: Policy - Section XVI - Rugby - D. Representation to provincials, 5. Note 2, page 113 - FOR IMMEDIATE IMPLEMENTATION
Current:
Rugby
Commissioners
2. Provincial Wild Card Allocation

The ASAA office will calculate provincial championship history for teams representing their zones for three years prior to the current school year. Teams representing their zone at provincials during this time will receive points based on the following criteria:
i. Gold medal - 4 points, Silver medal -3 points, Bronze medal -2 points, $4^{\text {th }}$ place $\&$ Consolation -1 point. Only the top placing team from each zone will be counted and a cumulative three-year total for each zone will be calculated.

## Proposed:

2. Provincial Wild Card Allocation

The Rugby Commissioners will calculate provincial championship history for teams representing their zones for three years prior to the current school year. Teams representing their zone at provincials during this time will receive points based on the table below:
i.

| Points awarded per year |
| :--- |
| Place Points <br> Gold 6 <br> Silver 5 <br> Bronze 4 <br> $4^{\text {th }}$ 3 <br> Consolation 3 <br> $6^{\text {th }}$ 2 <br> $7^{\text {th }}$ 1 <br> $8^{\text {th }}$ 0 |

## Rationale:

The point schedule was adopted when there were fewer zones participating and we had a 6 team tournament. As we now have more zones participating on a regular basis, we need to increase the number of points awarded to better rank the number of zones participating.

## Notice 20: Policy - Section XVI - Rugby - C. Eligibility, 1., page 111

Rugby

## Current:

Commissioners
C. Eligibility

1. The ASAA shall have rugby competitions in two tiers with each tier being determined by school population as follows:

$$
\text { Tier I - over } 799 \quad \text { Tier II - } 799 \text { or less }
$$

## Proposed:

## C. Eligibility

1. The ASAA shall have rugby competitions in three tiers with each tier being determined by school population as follows:

$$
\text { Tier I - over } 1200 \quad \text { Tier II -600-1199 Tier III - } 599 \text { or less }
$$

## Rationale:

The sport of rugby has grown much in the past several years. Because of this increased amount of competition, it is time to increase the number of Tiers in rugby. There are 104 football teams in the province and 4 Tiers. In rugby we have over 120 teams competing in two tiers per gender. If we are to see continued growth, it will come from smaller schools throughout the province. The new tiering system allows two 2A schools to join before moving up into Tier II. There are many schools that do not have teams and access to Provincials is limited. Providing more access to Provincials will encourage more schools to have a team, rather than send their players to other schools.

Notice 21: Policy - Section XVI - Rugby - G. Equipment, page 115 - FOR IMMEDIATE IMPLEMENTATION

## Rugby Current:

Commissioners

## G. Equipment

1. ...
b. In the event of a clash, the host will provide jerseys to one team for the duration of the match. If a change in jersey is necessary, a coin toss will determine the team requiring the change.

## Proposed:

1. ...
b. In the event of a clash, the host will provide jerseys to one team for the duration of the match. If a change in
jersey is necessary, the lower ranked team will change jerseys.

## Rationale:

The original policy was put in place when there were fewer teams competing and the draw was decided by geographical location. The coin toss is an added stress for the coaches, tournament organizer, and the referees. Now that we rank based on zone finishes, we have a way to determine without a coin toss.


## Proposed:

3. The host school will receive automatic berths to the provincial championship for one boys and one girls team. The berths will be in the Tier the teams fall under in C. 1. Eligibility. If a team decides to opt-up, the host berth will be forfeited. Appeals of this forfeiture may be made to the ASAA Executive. If hosting is joint between schools, the berth shall be in the Tier and gender each school is hosting.

## Rationale:

Hosting provincials is a large amount of work, and to recognize this the host school should be allowed to have host berths for both teams. In order to keep the tournament structure fair and equitable, in general, teams opting up will forfeit their host berth. If they choose to appeal and the other Tier will not be adversely affected by the move, the host berth would move up with the team (if their appeal is successful).

## Notice 23: Policy - Section XVI - Rugby - page 111 - <br> Rugby Current: <br> Commissioners <br> SECTION XVI - RUGBY

## Proposed:

SECTION XVI - RUGBY XV's

Rationale: It is necessary to clarify that ASAA governs Rugby 15's for the following reasons:
$\rightarrow \quad$ increase in popularity
$\rightarrow$ law book has 7's, 10's, 15's now
0 do we want to be wanting to police ALL rugby
$\rightarrow$ Technical differences between 7's and 15's

|  | 7 's | $15 ' s$ |
| :--- | :--- | :--- |
| Game time | 14 minutes | 70 minutes (U-19) |
| Scums | 3 man | 8 man |

$\rightarrow$ 7's lacks the phase play and strategic development that 15's has
$\rightarrow$ far less athlete involvement
0 7's is a game of backs/track athletes and will eliminate many players only play rugby at their school
$\rightarrow$ Techniques and training are quite different
$0 \quad$ Very little overlap at the international level

- Picture of 7's team vs picture of 15's
- Stats on size

0 Over 40 games in 16 team tournament

- 2-days for 7's (45 games)
- 4+ weeks for world cup (42 games when it was 16 teams)
$\rightarrow$ In 15's the forwards need bulk/mass
$\rightarrow$ International Unions are separating talent into 7's or 15's players
$\rightarrow \quad$ Stats on 2014 7's season, 15's test season overlaps between top 8 7's countries

Rugby Commissioners

Notice 24: Policy - Section XVI - Rugby - G. Equipment, 2., page 115 - FOR IMMEDIATE IMPLEMENTATION Current:
2. Official ball

The official game ball will be an IRB approved size 5 ball.

## Proposed:

2. Official ball

The official game ball will be the Gilbert Barbarian size 5 ball.

## Rationale:

Gilbert is the official sponsor of our rugby balls and has been for a number of years, we are now just making it policy in order to recognize Gilbert and their contribution to ASAA Rugby; this puts Rugby in line with the other ASAA sports that have official ball sponsors.

## TRACK \& FIELD NOTICES

Track
Commissioner

Notice 25: Policy - Section XVIII -Track and Field - D. Events, 4., page 122
Proposed:
Addition of Event (for immediate implementation in 2015 as a demonstration event; non scoring; to become a scoring event in 2016)
a) Boys Events

300 M Hurdles - open event
b) Girls Events

300 M Hurdles - open event
c) Standards

| Category | Distance | Height | Distance from start to | Distance between | \# of Hurdles |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Girls | 300 mH | $.76 \mathrm{~m} / 30 \prime \prime$ | 50 m | 35 m | 7 |
| Boys | 300 mH | $.84 \mathrm{~m} / 33 \prime$ | 50 m | 35 m | 7 |

Rationale:
The introduction of an intermediate length hurdles race at ASAA provincials has been considered for some time, and it is felt that a 300 mH event would be a great way to transition student athletes towards a longer event that they may consider after they leave high school. This follows the Long Term Athlete Development Model.

See Schedule of Events for how it fits into the Championship.

Notice 26: Policy - Section XVIII -Track and Field - D. Events, 4., page 122
Proposed:
Track
Commissioner
Addition of Event (for immediate implementation in 2015 as a demonstration event; non scoring; to become a scoring event in 2016)
a) Boys Events

Pentathlon (100m - SP-LJ-HJ-1000m) - open event* : one competitor per zone
b) Girls Events

Pentathlon ( 100 m - SP-LJ-HJ-1000m) - open event* : one competitor per zone
*a student athlete participating in Pentathlon may compete in one other ASAA event (individual or relay)
** scoring of Pentathlon 1st 24 pts, 2nd 21 pts, 3rd 18 pts, 4th 15 pts, 5th 12 pts, 6th 9pts, 7th 6 pts, 8th 3 pts

## Rationale:

The introduction of multi-event to ASAA provincials is to engage more students in Track and Field at the Provincial Championship, and encourage student athletes to try a multi-event. The target would be a student athlete who is not likely to progress to Provincials in an individual event. This follows the Long Term Athlete Development Model.

See Schedule of Events for how it fits into the Championship.

Notice 27: Policy - Section XVIII -Track and Field - D. Events, 4., page 122
Track Proposed:
Commissioner
Addition of Event (for immediate implementation in 2015 as a scoring event)
c) Para Division and Physical and Intellectual Disabilities

> Classifications - Key T = Track F = Field

Athletes with a Visual Impairment - Ambulatory
T/F 11 - Blind
T/F 12 - Very Limited Vision
T/F 13 - Limited Vision
Athletes with an Intellectual Impairment - Ambulatory
T/F 20 - IQ at or below 75
Athletes with Cerebral Palsy
F 32, F 33, T/F 34 - Wheelchair Athletes
T/F 35, T/F 36, T/F 37, T/F 38 - Ambulatory Athletes
Athletes with an Amputation \& Les Autres - Ambulatory
F 40, F 41 - Dwarfs
T/F 42, T/F 43, T/F 44 - Leg Amputees
T/F 45, T/F 46, T/F 47 - Arm Amputees
Athletes in a Wheelchair
T/F 51, T/F 52 - Quadriplegic
T/F 53, T/F 54 - Paraplegic
F 55, F 56, F 57, F 58 - Seated Throwing (various disabilities)

Boys Events

| Race | Division |
| :--- | :--- |
| 100 m | Ambulatory |
| 200 m | Ambulatory |
| 100 m | Wheelchair |
| 200 m | Wheelchair |

Girls Events

| Race | Division |
| :--- | :--- |
| 100 m | Ambulatory |
| 200 m | Ambulatory |
| 100 m | Wheelchair |
| 200 m | Wheelchair |

Rationale:
Most of the ASAA member schools at one time or another have students with disabilities within their population. There are very few competitive sporting opportunities for these students. At a time when inclusion of students with disabilities is the norm in schools, we need to utilize school athletes to provide a physical activity opportunity for students with a disability at the same time as welcoming them to a school sport team. Because of anticipated low numbers initially, we will stay with two
categories, ambulatory and wheelchair. We will trial a Special Olympics category in 2015 with a view to either introducing a permanent Special Olympics or intellectual impairment category ( $\mathrm{T}-\mathbf{2 0}$ ) in 2016.

See Schedule of Events to see how this fits into our Championship

## VOLLEYBALL NOTICES

South Notice 28: Policy - Section XVIII - Volleyball - E. Representation to Provincials - 3., page 129 (For 3A Classification only)
Zone Proposed:

Add new item after 3. a)
E. Representation to Provincials
3. 3A Competition for Boys and Girls
b.) Rankings

1. There will be separate ranking committees for boys and girls. Each committee will consist of a maximum of two representatives from each of the following three regions: North (NE, NW, Edmonton), Central (NC, C), South (SC, S, Calgary). One additional non-voting member of each committee, designated as the tabulator and will be responsible for receiving and compiling all results submitted by individual committee members. Recruitment of ranking committee members and tabulators as well as determination of the ranking timeline will be the responsibility of the volleyball commissioners annually.
2. Rankings will be done bi-weekly. A total of four (4) rankings will be developed prior to the zone tournament. A final ranking will take place on the Monday preceding the provincial tournament after all qualifying teams have been identified. A ranking timeline will be posted no later than September 7 annually.
3. All schools shall submit their game results online using ExNet right through to the completion of zone playoffs to provide complete and up-to-date season record for use in the ranking and seeding processes. Note: only those teams with results posted in ExNet in a minimum of three ranking periods shall be eligible for final rankings.
4. By 12:00 p.m. on Monday prior to each release date, each committee member is responsible for procuring and emailing all other committee members any information deemed important to an accurate and valid ranking. This information shall include, but not be limited to:
a. final standings from tournament play that involve prospective ranked teams in their region
b. match results for league play involving prospective ranked teams in their zone
c. general comments about prospective ranked teams and their players (injuries, etc.)
d. a preliminary ranking based on all available information collected to that point (1st, 2nd, 3rd, etc.)
5. All members will have access to the results from the previous two weekends (from the emails the rankers share and ExNet) and know how other members have ranked. By 6:00 p.m. on Tuesday of the ranking week, each member will then send an email with their provincial top 10 to the tabulator only. Once the tabulator has received all the rankings, a reverse points ranking will be applied, meaning that a team that receives a first place ranking will receive 10 points. A second place ranking receives 9 points and so on.
6. Once the rankings have been calculated, each tabulator will forward to the ASAA and the media around the province a summary listing the top 10 teams and a maximum of four (4) honourable mentions. The ASAA will post the rankings on the ASAA website upon receiving them from the tabulators. Each committee member will also receive the complete ranking information detailing how each member voted. This will support the accountability of ranking. On the Monday prior to the championship, the ranking committee will create a final ranking for all $\mathbf{1 2}$ qualifying teams by conference call. The 12 teams will be separated into two pools of six using the serpentine system.

## Rationale:

a. A ranking system will help identify the most competitive zones, so wildcards can be distributed fairly to those zones. This ranking system is outlined very similarly to the 4A volleyball ranking system currently in place so continuity between classifications remains intact.
b. This will eliminate unbalanced pools at the provincial tournament, which is a problem currently.
c. By the addition of \#3, it should encourage more teams to put their results into ExNet for rankers to use when doing rankings.
d. To use a ranking system to award wildcards, a tie breaking system (\#6) needed to also be added to avoid confusion when awarding wildcards before the provincial tournament.

South Zone

## Notice 29: Policy - Section XVIII - Volleyball - E. Representation to Provincials - 3., page 129 (For 3A Classification only)

 Current:E. Representation to Provincials
3. 3A Competition for Boys and Girls
b) Additional Berths
i. The ASAA office will calculate provincial championship history for teams representing their zones for the three years prior to the current school year. Teams representing their zone at provincials during this time will receive zone points based on the following criteria: gold medal -4 points; silver medal -3 points; bronze medal -2 points; $4^{\text {th }}$ place -1 point. Cumulative three-year point totals for each zone will be calculated.
ii. The first additional berth will be awarded to the one with the highest point total. Second and third additional berths will be awarded to the zones with the $2^{\text {nd }}$ and $3^{\text {rd }}$ highest point totals.
iii. If there is a tie between two or more zones for the final additional berth, the zone with the highest standing at the completion of the previous provincial championship tournaments will be allocated the additional berth. If still tied, the zone with the highest place finish at the next more recent provincial championship shall be allocated the berth. If still tied, subsequent previous provincial competition shall be reviewed in descending order until the tie can be broken.

## Proposed:

Replace "Additional Berths" with the following:
E. Representation to Provincials
3. 3A Competition for Boys and Girls
c) Wildcard Berth Allocation

The final ranking list prior to zone tournaments will be used to award wildcards to zones. It should be clear that the zone, not an individual team, will receive the wildcard berth. The zone will allocate this berth to a team based on its placing in the zone tournament.

The highest ranked team from each zone and the host team cannot earn their zone a wildcard except to break a tie between two zones for the last wildcard (see \#2 \& \#4 below).

If a zone doesn't have teams declare for provincials, that position is added to the pool of wildcards to be awarded.

The following criteria will be used to award wildcard berths:

1. Wildcards will be awarded to zones with multiple teams in the top ten rankings. Starting at the top of the ranking list, the second highest top ten ranked team from a zone will earn a wildcard for its zone (ie: if zone A has teams ranked 1st \& 4th and zone B has teams ranked 2nd \& 3rd, then zone B would be awarded the first wildcard and zone A would be awarded the second wildcard).
2. If any wildcards remain, a wildcard will first be awarded to the zone with the most teams listed in the honorable mention list. As stated above, if a zone has no teams listed in the top ten, then one of the teams listed from that zone in the honorable mention list cannot count towards this total.
3. If wildcards still remain, wildcards will then be awarded to the zone with the next most teams listed in the honorable mention list until all wildcards have been awarded.
4. In the case of a tie between multiple zones for the last wildcard, the following criteria will be applied in order: a. The zone with the highest top ten ranked team will receive the wildcard.
b. The zone with more teams in the HML will receive the wildcard.
c. The zone that computes the lowest value using the ratio below will receive the wildcard.
\# Provincial berths in the zone / \# of competing teams in the zone

The commissioners will provide the name of the zone(s) receiving wildcard(s) to the ASAA office. Rankings information will be posted on the ASAA web site and teams wishing to contest* the rankings will have until the Tuesday at noon before their respective zone championship to do so. Such an appeal must be accompanied by a $\$ 50$ payment. The ASAA volleyball commissioners will consult with the ranking officers based on the information available, and, with the approval of the Executive Director, will render a decision to the school within 48 hours. If the appeal results in a change to the rankings and the subsequent inclusion of the appellant school, the $\$ 50$ will be refunded to that school.
*All schools are responsible for entering their complete results for all games (exhibition, tournament, league play, league playoff and zone playoff) into the ExNet volleyball ranking system by the final submission date as indicated in the annual rankings timeline as posted on the ASAA website. An appeal of the rankings will not be considered unless a complete season record has been submitted before this deadline. An appeal must be signed by the school principal and should indicate where the school feels they should be ranked and why.

## Rationale:

a. The goal of any championship tournament should be to have the most competitive teams in the tournament as possible. The current system of awarding wildcards for the 3A provincial tournament does a mediocre job of accomplishing this. The proposed system will ensure more competitive teams are getting into the provincial tournament more of the time. Competing at provincials should be considered a privilege, not a right and we should be doing what we can to ensure that the teams that have the most talent are being given the best chance to compete at that event.
b. The current system is based on team performance in previous competing years not current competing years. Competitive zones are often overlooked for wildcards simply because they may not have been as competitive in past years. This is unfair to student athletes. The proposed system for allocating wildcards is more fair to student athletes because it allows wildcards to be awarded based on team performance in the same competing year, thus facilitating more of the top teams from the province are competing in the provincial championships.
c. Another problem under the current system is that zones sending wildcard teams are able to more easily accumulate points for future wildcards because they have more teams at the provincial tournament. This creates an unequal opportunity for zones to earn wildcards for future provincial tournaments. Is this fair to student athletes?
d. Because a ranking system is being used similarly to how basketball is using a ranking system to award wildcards, it was decided that an appeal system should be in place much like the appeal system that is currently in place for basketball. This will also ensure that more teams are submitting results on ExNet.
e. See the following YouTube video for a visual explanation of the proposed system for allocating wildcards:
http://youtu.be/7GI3QRoqNxs

Attachment for Notice 5:
Survey of Canadian School Sports Federation members Grade 9 students, Rugby, club sports

|  | BC | AB | SK | MB | ON | QUE | NB | NS | PEI | NL |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| What Grades in your association? <br> Note any anomalies) | 8-12 | 10-12 <br> 1A schools (1-99 students) can include gr. 9's | 10-12 <br> (Grade 10- <br> 12 for classification purposes, but Gr. 9-12 are eligible. | 9-12 | 9-12 | K to CEGEP <br> and University | 9-12 <br> (some grade 68's, if all under the same high school Principal's authority.) | 7-12 <br> High school eligibility starts gr. 10 (3yrs) | 3-12 | 7-12 |
| What is the lowest grade level of student that can compete in a senior varsity team | 8 | Grade 10 (exception of 1A schools in team sports and some others | Grade 9 | 9 , with the exception of hockey which starts in Gr. 10 | 9 | ? | Grade 6 according to above | 7 | 9 | 7, <br> exceptions made for junior xcr and xcs which allows gr 6.? |
| Can students play school and club sports at the same time i.e. in the same "season of play" (note anomalies) | Yes | No. Cannot play both during same season | Yes | Yes | Yes | Yes | Yes, except in hockey after Dec $1^{\text {st }}$ - | Yes, except in hockey after Jan. 1 | Yes | Yes |
| Do you have rugby? | Yes (boys only) | Yes | No | Yes, but only as a demo sport at this time. | Yes | No | Yes | Yes | Yes | No |
| Any restrictions on grade 9 students in rugby (comments on other sports?) | No | Yes <br> 1A schools in team sports can use gr. 9's Similar policies for football (and rugby) | N/A | No | Girls: no Boys: must be 16 at time of comp. Boys must be trained or experienced to play front rows. | No | No | No, if a school has Gr. 9's, they can play | Can play but only the developmental 8 person program | Allow students from feeder 7-9 schools to play on high school teams |


| Friday <br> Track | Junior Men | Junior Women | Int. Men | Int. Women | Senior Men | Senior Women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9:00 | 3000 |  |  |  |  | Page 1 |
| 9:20 |  | 3000M |  |  |  |  |
| 9:50 |  |  | 3000M |  |  |  |
| 10:00 |  |  |  |  |  |  |
| 10:10 |  |  |  | 3000M |  |  |
| 10:30 |  |  |  |  | 3000M |  |
| 10:45 |  |  |  |  |  | 3000M |
| 11:00 | 200/Heats |  |  |  |  |  |
| 11:08 |  | 200/Heats |  |  |  |  |
| 11:16 |  |  | 200/Heats |  |  |  |
| 11:24 |  |  |  | 200/Heats |  |  |
| 11:30 |  |  |  |  | 200/Heats |  |
| 11:40 |  |  |  |  |  | 200/Heats |
| 11:48 |  | 80 M Hur. Hts. |  |  |  |  |
| 11:56 |  |  |  | 80 M Hurdle Hts. |  |  |
| 12:04 |  |  |  |  |  | 100M Hurdle Hts. |
| 12:12 | 100 M Hur. Hts. |  |  |  |  |  |
| 12:20 |  |  | 100 M Hurdle Hts. |  |  |  |
| 12:30 |  |  |  |  | 110m Hurdle Hts. |  |
| LUNCH BREAK |  |  |  |  |  |  |
| 1:30 | 800M Final |  |  |  |  |  |
| 1:38 |  | 800M Final |  |  |  |  |
| 1:46 |  |  | 800M Final |  |  |  |
| 1:54 |  |  |  | 800M Final |  |  |
| 2:02 |  |  |  |  | 800M Final |  |
| 2:10 |  |  |  |  |  | 800M Final |
| 2:20 |  |  |  |  | 100M Hurdle Final |  |
| 2:30 |  |  | 100M Hurdle Final |  |  |  |
| 2:35 | 100M Hurdle Final |  |  |  |  |  |
| 2:40 |  |  |  |  |  | 100M Hurdle Final |
| 2:45 |  |  |  | 80 M Hurdle Final |  |  |
| 2:50 |  | 80 M Hurdle Final |  |  |  |  |
| 2:55 | 200M Final |  |  |  |  |  |
| 3:00 |  | 200M Final |  |  |  |  |
| 3:05 |  |  | 200M Final |  |  |  |
| 3:10 | PARA or Wheelchair 200m OPEN Final |  |  |  |  |  |
| 3:20 |  |  |  | 200M Final |  |  |
| 3:35 |  |  |  |  | 200M Final |  |
| 3:45 |  |  |  |  |  | 200M Final |
| 3:55 | 4x100 Heats |  |  |  |  |  |
| 4:05 |  | 4×100 Heats |  |  |  |  |
| 4:15 |  |  | 4×100 Heats |  |  |  |
| 4:25 |  |  |  | 4×100 Heats |  |  |
| 4:30 |  |  |  |  | 4×100 Heats |  |
| 4:35 |  |  |  |  |  | 4×100 Heats |
| 4:45 | 4×400 Open |  | 4×400 Open |  | 4×400 Open |  |
| 5:00 |  | 4×400 Open |  | 4×400 Open |  | 4×400 Open |

Friday Field

| Friday Field | Junior Men | Junior Women | Int. Men | Int. Women | Senior Men | Senior Women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9:00 | Pole Vault |  |  | High Jump |  |  |
| 9:20 | Long Jump |  |  |  |  |  |
| 9:50 |  | Triple Jump |  |  |  |  |
| 10:00 |  |  | Shotput |  | Javelin |  |
| 10:10 |  |  |  |  |  |  |
| 10:30 |  |  |  |  |  | Discus |
| 10:45 |  |  |  |  |  |  |
| 11:00 |  |  | Pole Vault |  |  |  |
| 11:10 |  |  |  |  |  |  |
| 11:20 |  |  |  |  |  | Long Jump |
| 11:30 |  |  |  |  | Triple Jump |  |
| 11:40 |  |  | High Jump |  |  |  |
| 11:50 |  |  |  |  |  |  |
| 12:00 |  | Shot |  | Javelin |  |  |
| 12:10 |  |  |  |  |  |  |
| 12:20 |  |  |  |  |  |  |
| 12:30 | Discus |  |  |  |  |  |
| 12:40 |  |  |  |  |  |  |
| 12:50 |  |  |  |  |  |  |
| 1:00 |  |  |  |  |  |  |
| 1:10 |  |  |  |  |  |  |
| 1:20 |  |  |  |  |  |  |
| 1:30 |  |  |  |  | Pole Vault |  |
| 1:40 |  |  |  |  |  |  |
| 1:50 |  |  |  |  |  |  |
| 2:00 |  |  |  |  |  |  |
| 2:05 | Triple Jump |  |  |  |  |  |
| 2:10 |  |  |  |  |  |  |
| 2:15 |  |  |  | Long Jump |  | High Jump |
| 2:45 |  | Javelin |  |  |  |  |
| 3:00 |  |  |  |  | Shotput |  |
| 3:20 |  |  |  |  |  |  |
| 3:30 |  |  | Discus |  |  |  |
| 4:00 |  |  |  |  |  |  |
| 4:05 |  |  |  |  |  |  |
| 4:10 |  |  |  |  |  |  |
| 4:15 |  |  |  |  |  |  |
| 4:20 |  |  |  |  |  |  |

Page 2

| Saturday Track | Junior Men | Junior Women | Saturday Traack |  | Senior Men | Senior Women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Int. Men | Int. Women |  |  |
| 9:00 |  | 100m Pent |  | 100m Pent |  | 100 m Pent |
| 9:05 | 400m Heats |  |  |  |  |  |
| 9:15 |  | 400m Heats |  |  |  |  |
| 9:25 |  |  | 400m Heats |  |  |  |
| 9:35 |  |  |  | 400m Heats |  |  |
| 9:45 |  |  |  |  | 400m Heats |  |
| 9:50 |  |  |  |  |  | 400m Heats |
| 10:00 | 100m Pent |  | 100m Pent |  | 100m Pent |  |
| 10:05 | 100m Heats |  |  |  |  |  |
| 10:15 |  | 100m Heats |  |  |  |  |
| 10:25 |  |  | 100m Heats |  |  |  |
| 10:35 |  |  |  | 100m Heats |  |  |
| 10:45 |  |  |  |  | 100m Heats |  |
| 10:55 |  |  |  |  |  | 100m Heats |
| 11:05 | 1500m |  |  |  |  |  |
| 11:15 |  | 1500m |  |  |  |  |
| 11:25 |  |  | 1500m |  |  |  |
| 11:35 |  |  |  | 1500m |  |  |
| 11:45 |  |  |  |  | 1500m |  |
| 11:55 |  |  |  |  |  | 1500m |
| 12:05 |  |  |  |  |  |  |
| LUNCH BREAK |  |  |  |  |  |  |
| 1:05 |  | 300m Hurdles |  | 300m Hurdles |  | 300m Hurdles |
| 1:10 | 300m Hurdles |  | 300m Hurdles |  | 300m Hurdles |  |
| 1:30 | 100m Final |  |  |  |  |  |
| 1:35 |  | 100m Final |  |  |  |  |
| 1:40 |  |  | 100m Final |  |  |  |
| 1:45 | PARA 100m OPEN Final |  |  |  |  |  |
| 1:50 | 100m Wheelchair OPEN Final |  |  |  |  |  |
| 2:00 |  |  |  | 100m Final |  |  |
| 2:10 |  |  |  |  | 100m Final |  |
| 2:20 |  |  |  |  |  | 100m Final |
| 2:25 |  | 800m Pent |  | 800m Pent |  | 800 m Pent |
| 2:35 | BREAK |  |  |  |  |  |
| 2:45 |  |  |  |  |  |  |  |  |  |
| 2:50 | 400m Final |  |  |  |  |  |
| 2:55 |  | 400m Final |  |  |  |  |
| 3:00 |  |  | 400m Final |  |  |  |
| 3:05 |  |  |  | 400m Final |  |  |
| 3:10 |  |  |  |  | 400m Final |  |
| 3:15 |  |  |  |  |  | 400m Final |
| 3:20 | 800m Pent |  | 800m Pent |  | 800m Pent |  |
| 3:30 | $4 \times 100$ Final |  |  |  |  |  |
| 3:35 |  | 4x100 Final |  |  |  |  |
| 3:40 |  |  | 4x100 Final |  |  |  |
| 3:45 |  |  |  | $4 \times 100$ Final |  |  |
| 3:50 |  |  |  |  | $4 \times 100$ Final |  |
| 3:55 |  |  |  |  |  | $4 \times 100$ Final |


| Saturday Field | Junior Men | Junior Women | Saturday Fie <br> Int. Men | d <br> Int. Women | Senior Men | Senior Women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 9:00 |  | L. Jump/P Vault |  | Pole Vault | High Jump | Pole Vault |
| 9:10 |  |  |  |  |  |  |
| 9:20 |  |  |  | Discus |  |  |
| 9:30 |  |  | Triple Jump |  |  |  |
| 9:40 |  |  |  |  |  |  |
| 9:50 | Shotput |  |  |  |  | 400/Heats |
| 10:00 |  |  | Javelin |  |  |  |
| 10:10 |  | Pent High Jump |  | Pent High Jump |  | Pent High Jump |
| 10:20 |  |  |  |  |  |  |
| 10:30 |  |  |  |  |  |  |
| 10:40 |  |  |  |  |  |  |
| 10:50 |  |  |  |  |  |  |
| 11:00 |  |  |  |  | Long Jump |  |
| 11:10 |  | Pent Shot Put |  | Pent Shot Put |  | Pent Shot Put |
| 11:20 | Pent High Jump |  | Pent High Jump | Triple Jump | Pent High Jump |  |
| 11:30 |  |  |  |  | Discus |  |
| 11:40 |  |  |  |  |  |  |
| 11:45 |  |  |  |  |  |  |
| 11:50 |  | Pent Long Jump |  | Pent Long Jump |  | Pent Long Jump |
| 12:00 | Javelin |  |  |  |  |  |
| 12:30 | Pent Shot Put |  | Pent Shot Put |  | Pent Shot Put |  |
| 12:45 |  |  |  |  |  |  |
| 1:00 | High Jump |  |  |  |  |  |
| 1:05 |  |  |  |  |  |  |
| 1:10 |  |  |  |  |  |  |
| 1:15 | Pent Long Jump |  | Pent Long Jump |  | Pent Long Jump | Shotput |
| 1:20 |  |  |  |  |  |  |
| 1:25 |  |  |  |  |  |  |
| 1:30 |  | Discus |  |  |  | Triple Jump |
| 1:45 |  |  |  |  |  |  |
| 2:00 |  | High Jump | Long Jump |  |  |  |
| 2:05 |  |  |  |  |  |  |
| 2:10 |  |  |  | Shotput |  |  |
| 2:15 |  |  |  |  |  |  |
| 2:20 |  |  |  |  |  |  |
| 2:25 |  |  |  |  |  | Javelin |
| 2:40 |  |  |  |  |  |  |
| 2:45 |  |  |  |  |  |  |
| 2:50 |  |  |  |  |  |  |
| 2:55 |  |  |  |  |  |  |
| 3:00 |  |  |  |  |  |  |
| 3:05 |  |  |  |  |  |  |

